



Taupo Times
29-Sep-2009

Page: 4

General News

By: Aden Miles

Region: Taupo King Country

Circulation: 17065

Type: NZ Community

Size: 65.56 sq.cms

Frequency: -T-TF--

Spin those wheels, girls

By ADEN MILES

SIX spin cyclists are needed in a Taupo attempt to break the Guinness World Record for women's spin cycling.

The record-breaking attempt is one of many events scheduled for November's festival of cycling, Cyclemania.

Led by Youthtown's Alana Main, the team is required to cycle more than 600km within 24 hours to break the present world record or more than five times around Lake Taupo.

Youthtown is the major sponsor of

Cyclemania 2009 and all funds raised during the world record attempt will help support local Youthtown programmes.

Cyclemania event manager Lianne Fraser said spin cycling is a popular fitness regime and an excellent way to stay cycling fit.

She said spin cycling classes begin at the Taupo Events Centre Fitness Suite in October which is a fantastic way to prepare for the world record attempt.

To join the spin team contact Alana Main at Youthtown, 378-0783, or Larissa Simmen. 376-0350.